

The Positive, Forward Moving, Solution Based Mediation Tool

Positive

We can talk about the negative aspects of the issue but cannot remain focused there. We must then reframe to look for what can come from this situation.

Forward Moving

We can talk about what happened and how it affected us but we cannot be focused only in retrospect. We must refocus the conversation toward the future.

Solution Based

While it is the issue and problem that brought about the conversation it is a fruitless conversation without looking for the solutions. We must look beyond the problem and root in the solutions.

Moving from problems to solutions through direct, open, and authentic conversations.