

# Sexual Assault, Resilience, and Sexual Health

February 19 & 20, 2020

## **Two Day Training**

9:00 am – 5:00 pm

DoubleTree by Hilton Grand Rapids – Airport, Grand Rapids, MI

Amanda Barratt, Merkeb Yohannes, Lisa Winchell-Caldwell, Danielle Chauvin

### **Description:**

Accessible, accurate, and meaningful accessible sexual health information is a challenge in many communities. This lack of access has amplified barriers for survivors before, during, and after interacting with the justice system. Join us for a two-day, activity-based training where we will explore why sexual health information is necessary for survivors, how resiliency factors can be maximized with our efforts, and how the justice system is impacted by sexual health deficits.

### **Objectives:**

1. *Participants will gain an understanding how resiliency factors can be maximized when working with sexual assault survivors and how they can be impacted by the justice process.*
2. *Participants will be able to identify at least two barriers survivors face accessing sexual health information and how this can impact trauma, resiliency, and future re-victimization.*
3. *Participants will gain practical tools and strategies for responding to and addressing the sexual health needs of survivors.*

### **Audience:**

This training is designed to be applicable to multiple levels of skill and experience for advocates engaged with survivors of domestic and sexual violence. Participants will be encouraged to engage in open and honest discussion with a mind toward survivor-centered and trauma-informed policies, intersectionality, positive change, and future-oriented thinking.

## Schedule and Agenda:

### Day 1

8:30 am – 9:00 am Registration

9:00 am – 5:00 pm Training

Morning: Understanding What Sexual Health Is and its Relationship to Resiliency and Intersectionality

Lunch Break

- On your own
- 75 minutes

Afternoon: Understanding the Relationships amongst Sexual Assault, Resiliency, and Intersectionality

### Day 2

9:00 am – 5:00 pm Training

Morning: Sexual Health Impacts of Sexual Assault Including Sexuality, Child Birth, Reproductive Coercion, and Menstruation

Lunch Break

- On your own
- 75 minutes

Afternoon: Practical Strategies for Considering Sexual Health Impacts and Fostering Resiliency

## FACULTY BIOGRAPHICAL INFORMATION



**AMANDA BARRATT**, LMSW, is a **Senior Program Manager** at MCEDSV. Amanda joined MCEDSV's staff in February of 2017 and is passionate about violence prevention and sexual health education. Amanda works under MCEDSV's prevention grants and does training and technical assistance. With her work rooted in empowerment theory, Amanda uses a strength-based approach to her work. Amanda believes that understanding how power, privilege, and oppression impact survivors is critical.

Amanda began her career serving as an advocate at Central Michigan University where she strove to end sexual violence by doing informational programming, advocacy, medical advocacy, and crisis work. During this time Amanda was also president of a mid-Michigan

chapter of Take Back the Night. Amanda received her Master's in Social Work from the University of Michigan in Interpersonal Practice and Management of Human Services. Amanda brings experience working within the mental health field as a trauma therapist and has received accreditation as a Parent Management Training-Oregon (PMTO) certified therapist. Amanda believes in lifelong education and completed continuing education at the University of Michigan for Comprehensive Sexuality Education & Sex Therapy to better serve survivors and prevent sexual violence. In addition to working at MCEDSV, Amanda is a sex & trauma therapist in private practice where she works with survivors and chairs the advocacy committee of a local non-profit that serves survivors of child sexual abuse.

Amanda considers herself a sexual health junkie, enjoys movement & meditation, Netflix, and desserts!



**MERKEB YOHANNES** joined MCEDSV in 2017 and is a **Senior Program Director**. She joins MCEDSV after nearly 10 years of working in advocacy and program management at a non-profit organization serving those with disabilities. Prior to that she lived in Atlanta, Georgia primarily working in social services amongst Immigrant and Refugee families and was an active member of various social justice community groups. Merkeb has vast experience working in developing countries with international non-profit organizations, local governments and faith-based organizations in areas of woman and girl empowerment, grant management, HIV/AIDS prevention and intervention, media material development for public health issues, and workforce training and development. As a Lansing resident, she continues to volunteer in her community with local agencies that advocate and support survivors as well as with the Refugee community.



**LISA WINCHELL-CALDWELL** is the **Deputy Director** at MCEDSV. She brings experience in violence prevention, domestic and sexual violence survivor services, housing and homelessness, public policy, grant writing and project management, economic justice, and engaging and developing youth leadership. Ms. Winchell-Caldwell has led several national demonstration projects on the prevention of domestic and sexual violence during her almost twelve years at MCEDSV and has implemented prevention and intervention services for survivors for two decades. Of particular note she has worked closely with the Centers for Disease Control and Prevention on researching and implementing primary prevention best practices for almost ten years. She has worked on prevention projects from pre-K to elder mentoring groups and been a part of implementation teams focused on everything from a single daycare to coordination of statewide efforts. She has been fortunate during her time in the field to be a part of various prevention collaboratives including adolescent health/school-based health centers, maternal

and child health, school districts, neighborhood centers, law enforcement, college campuses, youth-serving non-profits, sports teams, and other diverse partners.



**DANIELLE CHAUVIN** is a **Program Manager** at the Michigan Coalition to End Domestic and Sexual Violence. She started at the Coalition in June 2019, with seven years of experience working directly with survivors of DV/SA, and their families. Danielle has helped survivors at the intersection of homelessness, substance abuse, and mental health. She has worked with communities in mid-Michigan, to provide education on how individuals can better support survivors and the agencies that serve them.

With her Bachelors of Art in Journalism, Danielle is passionate about communication and sharing information with others. She has helped DV/SA agencies explore options for engaging their community in activism, particularly via social media. She's collaborated with community stakeholders and other activists to create dynamic, sharable social media content.

As a Volunteer Coordinator, she trained new volunteers and staff, encouraging life-long, and collaborative learning. Danielle enjoys having conversations with new advocates that focus on empowering survivors and include discussions of trauma-informed care.

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