



# Train the Trainer - SA 101

January 29, 2020

9:00 am – 5:00 pm

Okemos, MI

## Description:

This training focuses on the principles of adult learning and how to turn these principles into the skills needed to educate community groups on sexual assault. Participants will receive sample training materials, engage in practice training sessions, and participate in comprehensive learning on not only what information to provide to their audiences, but how to convey it. Participants will learn the most up-to-date techniques on how to make training accessible for adult learners, and will have full access to a completed presentation within their communities for basic training on domestic violence.

## Objectives:

- 1. Participants will have an understanding of the basic principles of adult learning and will practice implementing these principles.*
- 2. Participants will be able to effectively provide a variety of individuals and organizations with a basic understanding of what sexual assault is, how and where it occurs, and to whom.*
- 3. Participants will have the tools necessary to lead community engagement in sexual assault awareness in a survivor-centered, trauma-informed way.*

## Audience:

This training is for those who work in community engagement or community services, for volunteer coordinators, or for anyone charged with providing training to adult learners. Those who desire to lead conversations about domestic violence, and to offer sound understanding of its causes and effects to community are encouraged to attend.

### Schedule and Agenda:

8:30 am – 9:00 am Registration

9:00 am – 5:00 pm Training

Morning: Adult Learning Theory

- Grounding in survivor-centered, trauma-informed, and intersectional approaches
- Adult learning theory
- Sexual assault 101, training design, and managing tricky questions

Lunch Break

- On your own
- 75 minutes

Afternoon: Training Best Practices and Practical Application

- Tailoring your training to your audience, decision making, and audience management
- Interactive skill building
- Practical application

### FACULTY BIOGRAPHICAL INFORMATION



**ERIC STILES** is the **Associate Director** of the Michigan Coalition to End Domestic and Sexual Violence (MCEDSV). Eric brings experience in providing trainings on a national level. He has worked in the area of increasing services for sexual violence and intimate partner sexual violence survivors across the lifespan and in enhancing services for all survivors. He has trained nationally to an audience of multi-disciplinary teams that provide support and assistance to those who have experienced interpersonal violence. Areas of focus for Eric are: working with male survivors of sexual violence, those from LGBTIQAH Communities, working with rural areas on anti-sexual violence work, and working with anti-oppression. Through his involvements in college as an activist, a sexual assault counselor, mental health counselor, and prevention educator/educator, Eric has been in the movement to end sexual violence/all forms of violence for over 19 years. He holds a BA of Sociology from Pennsylvania State University and MS of Community Counseling from Shippensburg University.



**LISA WINCHELL-CALDWELL** is the **Deputy Director** at MCEDSV. She brings experience in violence prevention, domestic and sexual violence survivor services, housing and homelessness, public policy, grant writing and project management, economic justice, and engaging and developing youth leadership. Ms. Winchell-Caldwell has led several national demonstration projects on the prevention of domestic and sexual violence during her almost twelve years at MCEDSV and has implemented prevention and intervention services for survivors for two decades. Of particular note she has worked closely with the Centers for

Disease Control and Prevention on researching and implementing primary prevention best practices for almost ten years. She has worked on prevention projects from pre-K to elder mentoring groups and been a part of implementation teams focused on everything from a single daycare to coordination of statewide efforts. She has been fortunate during her time in the field to be a part of various prevention collaboratives including adolescent health/school-based health centers, maternal and child health, school districts, neighborhood centers, law enforcement, college campuses, youth-serving non-profits, sports teams, and other diverse partners.



**HANNAH THOMAS** is a **Project Specialist** with the Michigan Coalition to End Domestic and Sexual Violence. She brings with her a passion and commitment to providing supportive services to survivors of Sexual Violence. She served on the planning committee of Take Back the Night at MI State where staff, students and survivors came together to bring awareness to the realities of campus sexual assault. Hannah also served as a Sexual Violence Prevention Peer Educator for two years at MI State where she facilitated workshops on Bystander Intervention, Consent and Healthy Relationships to first year students. Hannah also has

experience creating legislative communication and working with the constituents to understand the needs that were presented to facilitate dialogue between members of the legislature and its community members. Hannah has a Bachelor's of Art in International Relations.



**RENISHA UDORJI** joined the Michigan Coalition to End Domestic & Sexual Violence as a **Community Organizer** and **Program Specialist** in April 2019. Renisha is a solutions-based, creative problem solver and enjoys advocating for positive change. Renisha has almost ten years of experience working with marginalized youth with complex forms of trauma including sexual abuse, incarceration, immigration and mental illness.

Renisha graduated from The University of Michigan- Ann Arbor with a Bachelor's degree in Interdisciplinary Studies with a focus in Sociology and the Arts. Renisha is passionate about activism through art and believes that art is a tool to address and heal various forms of trauma. Prior to joining MCEDSV, Renisha worked in prevention and led holistic empowerment workshops for high school girls with a focus on positive self-esteem, healthy relationships, and sexual health. Renisha also worked as a youth specialist at a residential facility for abused and neglected youth, where she created an arts-based empowerment program for the entire facility.

A passion for advocating to end domestic violence led Renisha to connect with local agencies within the DV/SA movement. Renisha is able to build relationships with survivors, advocates, and non-traditional service providers. Renisha has also created social media awareness campaigns for domestic and sexual violence and conducted culturally specific workshops on human trafficking and domestic violence.

A native Detroit, Renisha enjoys networking, podcasting, blogging, watching films and documentaries centered on social justice, volunteering, and mentoring marginalized youth.

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